

TRAINING COURSE:

“YOUTH EMPOWERMENT FOR SOCIAL AND ECONOMIC EQUALITY”

5 – 14 OCTOBER 2017

“H₂O” – PORTUGAL WWW.H2O.PT

PROJECT BACKGROUND

When analyzing the current situation in the EU and the EECA countries we observe that youth face several common challenges, with obvious peculiarities and different levels of intensity depending on the country. To mention some of them, youngsters face difficulties to access the labor market, ineffective political participation, low quality and limited opportunities for personal development, economical struggles, uncertainty towards future and a general feeling of impossibility to influence relevant changes to improve youth situation.



Therefore, when talking about change many youngsters apply the logics of “change from above”, leading them to passivity and frustration. The project aims to provide an overall understanding for youth workers on the mechanisms of change and the relevant role of youngsters in influencing the reality and triggering social changes.

At theoretical level, the framework of the training will recall to the importance of participation in any of its four dimensions – cultural, political, social and economic – with a special focus on individual empowerment as a root to make this participation effective.

By understanding these different concepts and its interconnections, the training course will contribute to the organisations and youth workers development, raising their own capacities to participate and to empower their peers and target groups.

The training course will take place in Arroquelas, Rio Maior, Portugal, between 5 – 14 October 2017. There will be 22 participants from 11 European and EECA countries who will participate in the activities.



PROJECT AIM AND OBJECTIVES

The aim of the Training Course is to provide an overall understanding for youth workers on the mechanisms of change and the relevant role of youngsters in triggering social changes through participation and individual empowerment.

More precisely, the objectives of the Training Course are:

- To understand the logics of theories of change and social transformation;
- To deepen the understanding of participation amongst youth leaders and educators;
- To explore the meaning of youth empowerment and tools to make it effective when working with youngsters;
- To establish follow-up activities to empower and involve youngsters in the local communities of the participants.



CONTENT

The main content of the training course will include:

- Social transformation and theory of change
- Participation
- Youth Empowerment

METHODOLOGY

The methodological approach of the Training Course is based on non-formal education and its principles. Workshops, discussions, presentations, theater, role-plays and theoretical inputs will be used.

DURATION OF COURSE AND TRAVEL CONDITIONS

The duration of course is 10 days (including arrival and departure of participants). It's possible to come here 1 or 2 days before and leave 1 or 2 days after the training course, but please inform us about it.

When you plan your travel, please try to arrive in Lisbon **before 18:00 on 05 October 2017**, we will pick all participants in Lisbon at 19:00 on 05 October 2017. Meeting point is at the airport (in front of the Metro station - when you arrive to the airport, go to your right, there you will find a red modern building; there will be someone from "H₂O" waiting for you).

PROFILE OF PARTICIPANTS

There will be 24 participants in total, one male and one female per organization. All participants will be more than 18 years old. We also prefer one participant with experiences and one participant without experiences with ERASMUS+.

The participants should be:

- experienced with mobility projects as individuals and within their organizations and willing to work on the quality of their international projects;
- those who are motivated to learn about and make use of the Erasmus+ Youth in Action Programme for empowering disadvantaged youth inside refugees/asylum seekers and migrants communities and for promoting youth entrepreneurship and employability;
- those who are ready to take part in the whole training course and who are able to communicate in English language.

PARTNERS INVOLVED

Portugal – “H2O” – Associação de Jovens de Arrouquelas

Armenia – Armenian Progressive Youth

Albania – Pertej Barrierave

Estonia – Mitteetulundussuhing Islander

Azerbaijan – Bridge to the Future

Czech Republic – European Youth Centre Breclav Z.S

Ukraine – Iskra

Poland – Stowarzyszenie Inicjatyw Regionalnych

Georgia – “Academy for Peace and Development” Union

Spain – La Vibria Intercultural

Cyprus – Youth Dynamics



PRACTICAL AND FINANCIAL CONDITIONS

As the project seeks funding by Erasmus+ Programme, the accommodation and food will be provided by the organizers. There won't be any participation fee.

What we need from you:

- Bring all documents printed - boarding passes, tickets, clear invoices from air companies;
- Bring your ID card and European health card if you have it;
- Please inform us as ASAP about your visa, because we have to send you the invitation;
- We only accept participants who fill register form.

Travel costs:

They will be covered according to the funding rules of the Erasmus+ programme. Travel costs will be reimbursed either by bank transfer after the course or at the end of the course in cash (in Euros). It may happen that money from European Commission will be received late; in that case, as mentioned, you will get your reimbursement after the course by bank transfer (be ready for that). After coordinator of organization receive all documents (boarding pass, tickets, clear invoices from air companies) and report in mobility tool, coordinator of organization send link to all participants after the project to fill it.

The reimbursement fee will be counted according to the distance calculator of European Commission.

ORGANIZATION

"H2O" – Associação de Jovens de Arrouquelas

Rua José Pereira de Sena nº4 2040 – 031

Arrouquelas PORTUGAL

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www.h2o.pt

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LET'S WORK TOGETHER TO DO A GREAT PROJECT!

**WE ARE LOOKING FORWARD TO MEET YOU IN
ARROUQUELAS, PORTUGAL 😊**

