



KINO SORIA (FILMTIZENS)

Training Erasmus + 11-18 November 2018. Soria (Spain)

Welcome to KINO SORIA. We propose a week of activities for reconnecting your creativity and developing a new critical point of view of the city and the society around you, in an inclusive way.





AIM

To face the future including diversity and multiculturalism and maintaining their identity, cities must be open, inclusive, generous, collective and enriching, as well as their inhabitants. We have to promote creativity, sensitivity and enthusiasm in the face of competitiveness, individualism and current results.

For growing up we need to become aware of change, build bridges and collect visions about the city. We must provide the youth with tools to build a city adapted to their interests. Tools that are part of their culture and that are able to translate and bring their language, critical vision and sensitivity towards the construction of spaces for collective encounter and growth, that enrich each other. We must provide young people with confidence in their own voices, their sensitivity and their personal criteria. We must train creative and constructive young people and allow them to contribute their talent to society so that they can become the true agents of change.

The long-term objective is to develop tools for citizen participation and transformation of cities through film that can be incorporated by trainers into their own activities, both to the project participants and to other interested parties. For this we will create an online platform to share the works.

The main objectives of the course are:

- To build citizenship and European identity.
- To stimulate critical awareness, as well as encourage active participation in the construction of the city.
- To value sensitivity, art and creativity as tools for development and empowerment.
- To facilitate rapprochement, dialogue and understanding both culturally and linguistically and religiously and Social.
- To provide the trainers with concepts and values of gender when developing activities of social growth through art and creativity.
- To promote empathy and collective work in the needs of disadvantaged people, highlighting cooperation as a response.
- To include minorities and groups at risk of exclusion.
- To provide trainers and organizations with audiovisual literacy tools such as film, video creation, audiovisual technology and art.

- To highlight the strength of initiative, entrepreneurship and innovation as tools for social change.

On the one hand, it encourages citizens to develop an active role through participation in the construction of projects in the cities.

It also encourages European citizenship and promotes integration through the inclusion and suppression of barriers. It seeks to increase relations between youth workers from different countries, to improve their awareness and understanding of other cultures, offering the possibility of creating networks.

It trains the trainers in a personal development based on sensitivity and creativity. It offers an opportunity for cooperation and training for trainers offering tools of participation and youth creation and to promote the European dimension of youth work.

It gives modernization tools, generates attractiveness and international openness of organizations to through multimedia, audiovisual and social networks. These provide work and development resources youth with the cinema as a framework of expression, being able to offer activities and programs adapted to the current youth.

It contributes tools from non-formal education that enrich and facilitate formal education, fostering creativity, sensitivity and critical spirit Increase quality and learning at increase the skills of the trainers.

It increases motivation and satisfaction, listening to your own voice and developing your abilities creative and creative. In this way, at work they will be able to transmit to young people values of self-development, self-confidence, positivity and constructive development.

We seek to facilitate a participatory, inclusive, and supportive youth centered on values of sensitivity, creativity and commitment as a real alternative to the culture of competitiveness, result and individualism that has been spreading in recent years.

We try to incorporate the individual in the social construction and give him a voice. We want to bring the cities to people through creativity and participation, solve the lack of motivation among young people, listening to them through culture and art, allowing them to contribute their talent, enriching us with it.

We want to make art available to everyone to project sensitivity and unique vision, promote inclusion and cultural, religious, political understanding, etc.



WHAT

The project consists of training for workers and youth leaders aimed at creating citizenship and social development through cinema and video creation in an inclusive manner.

Thirty trainers from 9 countries will work for seven days with the city as a space for creation and reflection. The intention is to learn how to develop video-creation projects aimed at express and project creativity, sensitivity and critical sense, an element that facilitates inclusion, collaboration and conflict resolution and enable social participation in the construction of the cities.

To do this we will do different non-formal education workshops to work on sensitivity, creativity, personal and gender expression and non-violent communication, technical and practical workshops to learn how to deal with audiovisual technology, film language and we will do we will end up creating short films where we will discover and project our vision of city and the creation of the cities of the future. We will take advantage of the celebration of the XX Edition of the International Short Film Festival of Soria to promote this action focused on promoting the social participation and the creation of European citizenship using creativity and art as tools.



WHO

THIS TRAINING COURSE IS FOR YOU IF...

- You are a person committed to the society that surrounds you.
- You look for new ways to express your creativity and find your personal vision.
- You like film and video.
- You want to actively participate in transforming the society and the city in which you live.
- You believe that sensitivity and creativity is a powerful weapon for social transformation.

It is not necessary that you are an expert in filming and video creating to join this project.

But it is important that you are interested developing new points of view about the city and its inhabitants.

The selected participants will have a profile of workers and youth leaders interested in sharing and incorporating and developing these techniques and tools to be applied in their contexts of origin. The group of youth workers faces a great challenge at the moment with the development of new technologies that are available to young people. Its bad use often derives in situations of addiction and its irresponsible use can lead to problems of harassment, marginalization, etc. among young people.

The selected participants will be over 18 years of age, with no upper age limit. We have limited participation to adults by the professional nature of the profile we seek and for the experience that we expect the participants to contribute. During the selection it will be strongly sought to prevail a global gender balance.

A 10% participation fee has been reserved for people with fewer opportunities and another both people with disabilities, since we understand that inclusion is vital in a project like this one, which tries to incorporate all possible voices and visions into participation and construction of the city.



WHERE

THE VENUE

The Hotel Cadosa has 64 exterior rooms completely renovated in a modern and functional style. The rooms are equipped with everything you need to ensure a comfortable stay: Integrated bathroom or closed according to customer preference, free WIFI and 32-inch TV among others.

Among their facilities include: The free private parking, the outdoor pool as well as the restaurant of traditional Soria cuisine.

In the morning you can enjoy a varied buffet breakfast with products from Soria.



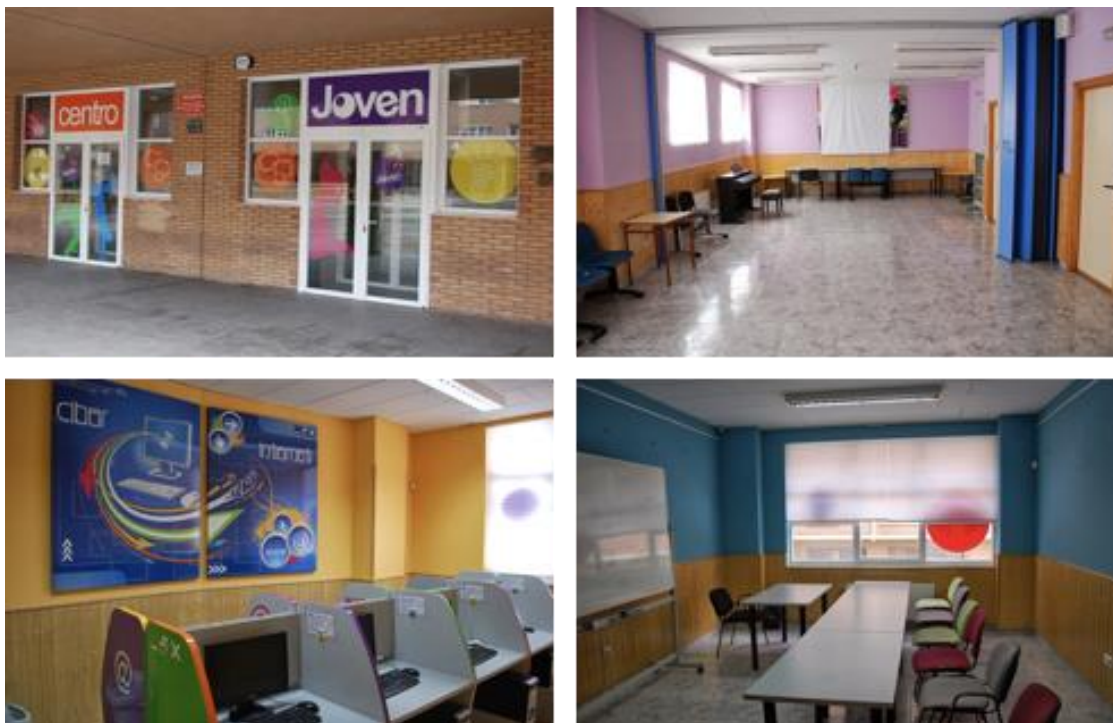
Room equipment: Individual air conditioning, 32 "flat screen TV, Free WIFI, private bathroom integrated or closed according to preference, desk, service directory, telephone with external connection, etc ...

Hotel is 5 km far from the center of Soria, we will have a free transport service to move to the city center every day.

Meals with vegan option and alimentary intolerances adaptations.

Most of the activities will take place in the Espacio Joven de Soria, where we have work rooms, computer room and rehearsal rooms.

LIPDUB Centro Joven: <https://youtu.be/wNxvkgYDeZI>



HOW TO GET TO SORIA?

We will set a meeting point in Soria city centre at your arrival.

Soria is connected to the main Spanish cities (Madrid and Zaragoza are the closest and easier cities to reach from here) through bus and train.

You can check the connections and buy your tickets on their websites:

www.alsa.es www.renfe.es

TRAVEL REIMBURSEMENT

This Training is financed by ERASMUS+ Program, and the reimbursement of your travel cost is subject to the following criteria:

To be sure you get the reimbursement, please remind to:

- 1) buy economy fare /most cheap fare tickets (2nd class).
- 2) keep with you all boarding pass, invoice and tickets (original travel documents...bus, metro or train tickets, boarding passes...), in economy class, with your name on them, the price clearly stated.

Trips by private car or taxi cannot be refunded.

3) The travel reimbursement will be effective once we get all the original documents of your travel, which you will have to send by post after the training course, so approximately 4 weeks after the project ends.

We will cover the participants travel to a maximum of

275€/ participants coming from Czech Republic and Hungary
360€/ participants coming from Romania, Moldova and Turkey
530€/ participants coming from Georgia and Cyprus
820€/ participants coming from Azerbaijan

For those participants who need visa (Azerbaijan, Georgia and Turkey) you have an extra budget of 90€/person to cover visa expenses.

If you exceed this limits, the cost of the excess will be covered by yourself.

You can book your trip considering arriving up to 2 days before the beginning of the activity, and departing 2 days after the end, and take that time for your personal leisure. NO MORE than 2 days before and after.

IMPORTANT: Please, inform us of your travel plan BEFORE buying any ticket, so we can check it out and make sure everything is ok!!!

INSURANCES

Obtaining a full insurance (travel risks, medical, injuries) is the participant's responsibility.

We strongly suggest you to have the European Health Card.

Being healthy enough to face the activity is also responsibility of the participants, and they must inform the organization of any health problem that we should take into account before the start of the activity.

MONEY

Spain uses Euro, for those of you coming from countries that don't use it, be prepared by either changing money prior to your travel, changing money at the airport or in the exchange places in town or just bring your bank card and withdraw money in the ATM's or pay with card. It's always nice to have some pocket money with you. You can check the exchange rate and do fast conversions in this site: <http://www.xe.com/ucc/>

OTHER USEFUL INFORMATION

Soria is 1.100m over the sea level, so during november the temperature will be LOW.

WHAT TO BRING:

- Warm clothes, Raincoat
- Toilet bag.
- ID: in Spain is compulsory to carry your ID with you anytime.
- Passport (if needed).
- Sport/comfortable clothes and shoes. The less clothes, the better!
- Info/materials you would like to share with the others.
- Smartphone for recording and editing videos.
- Something for eating to be shared in the intercultural evening, preferably local food
- LEARN HOW TO TRAVEL LIGHT, THIS IS OUR BEST ADVICE!

- The participants commit themselves to actively participate in the whole process, including: to read all the information carefully, communicate timely with the organisers, prepare adequately for the training course; to take actively part in the full duration of the activities; to participate in the evaluation process after the course.

- Pictures, videos, images taken at the course, as well as the materials produced during the activities, can be used to document the activity in reports, websites, social networks, or for promotional material.

- Providing information on special needs, does not remove the participant's personal responsibility for ensuring their own health and safety.

EMERGENCY CONTACT

Before and during your stay in Spain, it might be useful to remember the following phone-numbers:

Belén Andreu: +34 651 39 31 02

Guillermo González: +34 655 05 47 48

CONTACT THEM IN CASE OF PROBLEMS on arrival day IN YOUR TRAVEL, DELAY, PUBLIC TRANSPORTS. In case of delays please send at least an sms to us. In case your luggage got lost...

For any question or support do not hesitate to contact us to the address:

harmoniicoaching@gmail.com

SOME USEFUL WORDS IN SPANISH

Yes Sí

No No

Hello Hola

Goodbye Adiós

Please Por favor

Thank you! Gracias

My name is... Me llamo...

Could you help me...? Me podría ayudar...?

I don't understand No lo entiendo

How much does it cost? Cuánto cuesta?

One beer, please Una cerveza, por favor

Can you warn us when we get to Soria, please?...Podría avisarnos cuando llegemos a Soria, por favor?