



- **The Youth Exchange „Omnia vincit music”**
- **The Training Course “Music and Songs in Youth Work”**

Lublin, Poland - summer 2020

YE Omnia vincit music TC Music in youth work

NUMBER OF PARTICIPANTS

**29-30
June**



APV

Advanced preparation meeting.
2 participants per country: Turkey, Portugal, UK,
Poland

A group leader 18+
a participant 18-30 years old

1-8 July



Training course (TC)

4 participants per country: Turkey, Portugal, UK,
Poland, Czech Republic

A group leader 18+
a participant 18-30 years old
2 youth workers 18+

**20-30
August**



YE Omnia Vincit Music

7 participants per country: Turkey, Portugal, UK,
Poland

A group leader 18+
a participant 18-30 years old
5 participants 16-25 years old

!!! Dear partners, send your lists of participants till
03.04.2020 (or earlier) with a travel plan.

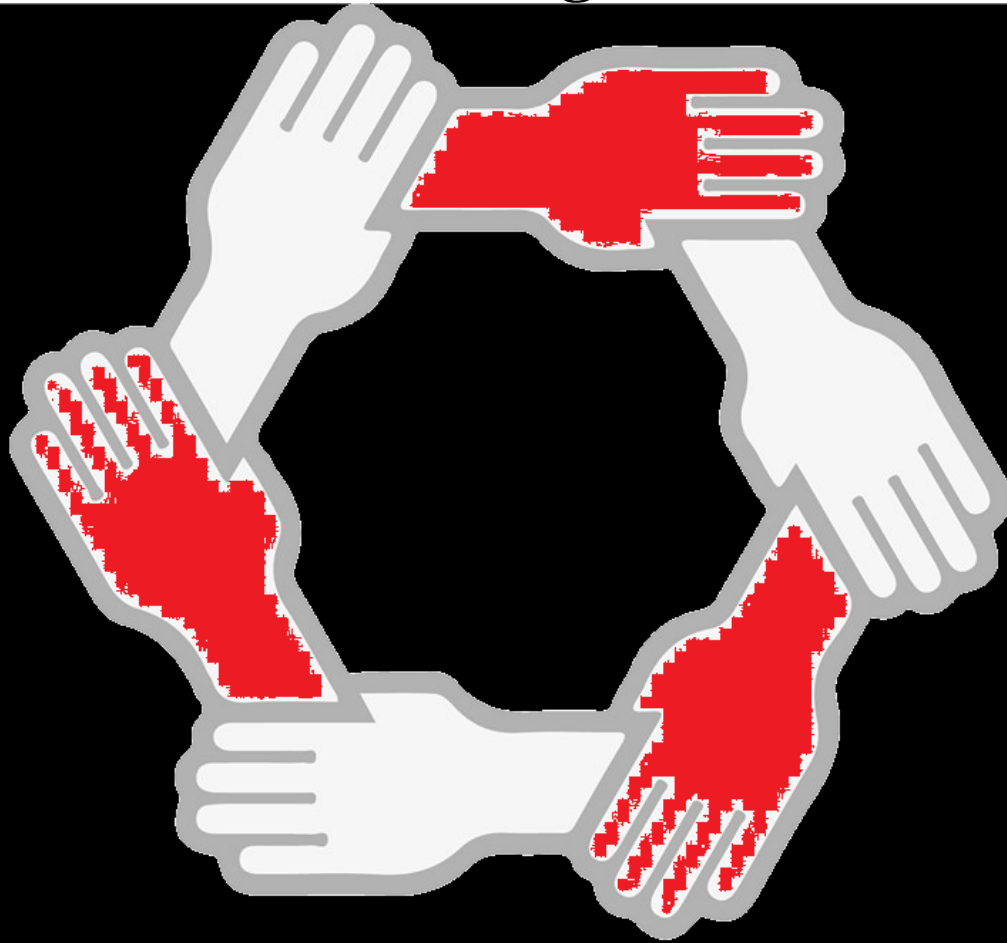
In next pages we will describe:

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- 2) Partners_____4
- 3) Programme_____5

as You can see our project
consist of 3 parts:

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Host organization



FUNDACJA

DOBRAWOLA

Official organizer is polish NGO – Fundacja Dobra Wola (Lublin). It's a representative of Belarusian association of large and foster families MHA „Dobra wola”.

The main objective of the foundation is to support young people and children, especially from poor families, and fight for the rights of these people.

One of the methods and goals of the organization is to promote Belarusian culture and tolerance to other cultures. For that reason every year we organize the festival-competition “Kalasy...”

The organization has about 300 member families, which equates to approximately 1200 people.

Partners.

There is little difference between partners for the Youth Exchange and for the Training Course.

List of partners for Omnia Vincit Music:

- FUNDACJA DOBRA WOLA - **Poland**
- Tarsus Association of Social Life Youth and Sports Club - **Turkey**
- Sociedade Filarmónica Bendadense - **Portugal**
- Bauhaus Cafe CIC - **United Kingdom**

List of partners for TC Music in Youth Work:

- FUNDACJA DOBRA WOLA - **Poland**
- União de Aldeia de João Pires S. R. M – **Portugal**
- Bauhaus Cafe CIC - **United Kingdom**
- 75th Year Science High School – **Turkey**
- EUROPEAN YOUTH CENTRE BRECLAV Z. S. - **Czech Republic**

Program

All partners work with young people in the music area. The purpose of the youth exchange and the training is to raise qualifications for youth work among youth leaders and youth employees from partner organizations, to teach them how to integrate youth from different social strata and ethnic groups through music classes.

Collaboration is an important element in the life of every person. Developing cooperation habits will significantly increase the quality of life of the whole society.

Short description of whole project

1. During the APV we will meet to know each other among people responsible for the group preparation.
2. Next will be held the training course where we will learn how to organize music activities for young people.
3. Participants go home and help participants to prepare themselves for the Youth exchange.
4. Youth workers from partner organizations help young people to organize music Youth exchange.

So we expect that **the same 2 participants will participate in 3 steps of the project** – the same group leader 18+ and a participant 18-30 years old.

A group leader 18+ and a participant 18-30 years old from Poland, Portugal, Turkey and UK come to APV in 29-30 of June.

Next they meet with other youth workers for the training course 1-8 of July.

The same 2 participants support participants for the youth exchange in 20-30 of August.

I. APV

We want to carry out the APV for:

- to meet the venue and check conditions for participants with special needs.
- discuss timetable of youth exchange
- divide responsibilities during youth exchange
- to meet with local youth and local school that will help us to carry out the youth exchange
- discuss post-project activities
- to organize final preparation

Participants will need to prepare content of some activities as city-game, music session/improvisation, learning songs from partner countries, exchange of knowledge about opportunities for musicians in partner countries, organizing workshops of participants. For those sessions participants need to discuss and plan schedule of it. During the APV the most important thing is to test activities that were planned: games to get to know each other, welcome evening, group contract, team-building activities, reflection groups, intercultural evening, international song, youthpass. While APV participants will practice these activities that will help for the youth exchange to make it in high quality.

II. The Training Course “Music and Songs in Youth Work”

	arrival
PM	
	welcome party
<i>DAY 2</i>	
AM	teambuilding
	timetable, rules
	Erasmus+, Youthpass, badge crafts
PM	NGO Bazar
	Reflection group
	CULTURAL EVENING - Poland
<i>DAY 3</i>	
AM	opportunities for musicians
	international song
PM	jam session
	Reflection group
	CULTURAL EVENING - Czech Republic
<i>DAY 4</i>	
AM	how to prepare and plan music activity
	What to learn through music?
PM	Samba activity
	Reflection group
	CULTURAL EVENING - Portugal
<i>DAY 5</i>	
AM	Group conflict resolution
	Visit to Majdanek - concentration camp
PM	tolerance/racism nowadays
	Reflection group
	CULTURAL EVENING - UK
<i>DAY 6</i>	
AM	Video Clip-making

	Street performance
PM	dissemination activities
	Reflection group
	CULTURAL EVENING - Turkey
DAY 7	
AM	Concert for local participants
PM	
	Evaluation
	farewell party
DAY 8	
departure	

III. Youth exchange

	arrival
	Getting to know each other games
	Welcome evening
DAY 2	
AM	Meet each other again:
	GROUP CONTRACT
PM	Team building activities
	music session vs improvisation
	reflection groups
	Polish intercultural evening
DAY 3	
AM	presentation and discussion: Polish and Turkish songs
	Learn Polish and Turkish songs
PM	Instruments presentation
	art therapy
	reflection groups
	Portuguese intercultural evening
DAY 4	
AM	Music helps in private life
PM	
	how to make own workshop?
	Free workshop
	reflection groups
	English intercultural evening
DAY 5	
AM	presentation and discussion: English and Portuguese songs
	Learn English and Portuguese songs
PM	Preparation for the workshops
	workshops of participants
	Mid-Term Evaluation

	Turkish intercultural evening
DAY 6	
AM	opportunities for young musicians
PM	Make visual what You do
	Music session
	reflection groups
	What? Where? When?
DAY 7	
	Energizer game/ intercultural learning
AM	video-clip - visual dissemination
	video-clip mounting
PM	How make dissemination for music activities?
	reflection groups
	Live Library
DAY 8	
AM	Music preparation/ learning songs
PM	visit to Majdanek
	reflection groups
	Free time
DAY 9	
AM	visual presentation of the results of dissemination
	Final preparation for the concert
PM	
	concert for local audience in public space (for example: city center, Muszla Koncertowa)
	free time
DAY 10	
AM	Performance in Lublin Cultural Center
	city-game in Lublin
PM	youthpass / personal evaluation
	Final group evaluation
	farewell party
day 11	
	Make a photo to say goodbye
	writing wishes to each other
	farewell ceremony

departure

Participants profile

We expect that participants play music instruments/ could play(learn) how to play. If they are singers it is good also.

During the all activities participants will teach each other songs from their countries. At the same time will be perfect if they bring own music instruments to the project activities.

!!!

Pay attention that same group leader and participant 18-30 years old should participate in all 3 activities

APV:

2 participants per country:

A group leader 18+
a participant 18-30 years old

The training course

4 participants per country (2 male + 2 female):

A group leader 18+
a participant 18-30 years old
2 youth workers 18+

Youth exchange

7 participants per country (a group leader + 3 male + 3 female)

A group leader 18+
a participant 18-30 years old
5 participants 16-25 years old

WHAT TO BRING

- Suitable clothes;
- Music instrument
- trekking shoes or sneakers to walk;
- towels;
- flip-flop for the showers; (there is a possibility to go to spa one day)
- necessaire for personal health and hygiene;
- list of medicines needed if needed;
- Passport/ ID
- Insurance
- secret friend's little gift (max €5);
- some national food for coffee breaks and intercultural evenings;

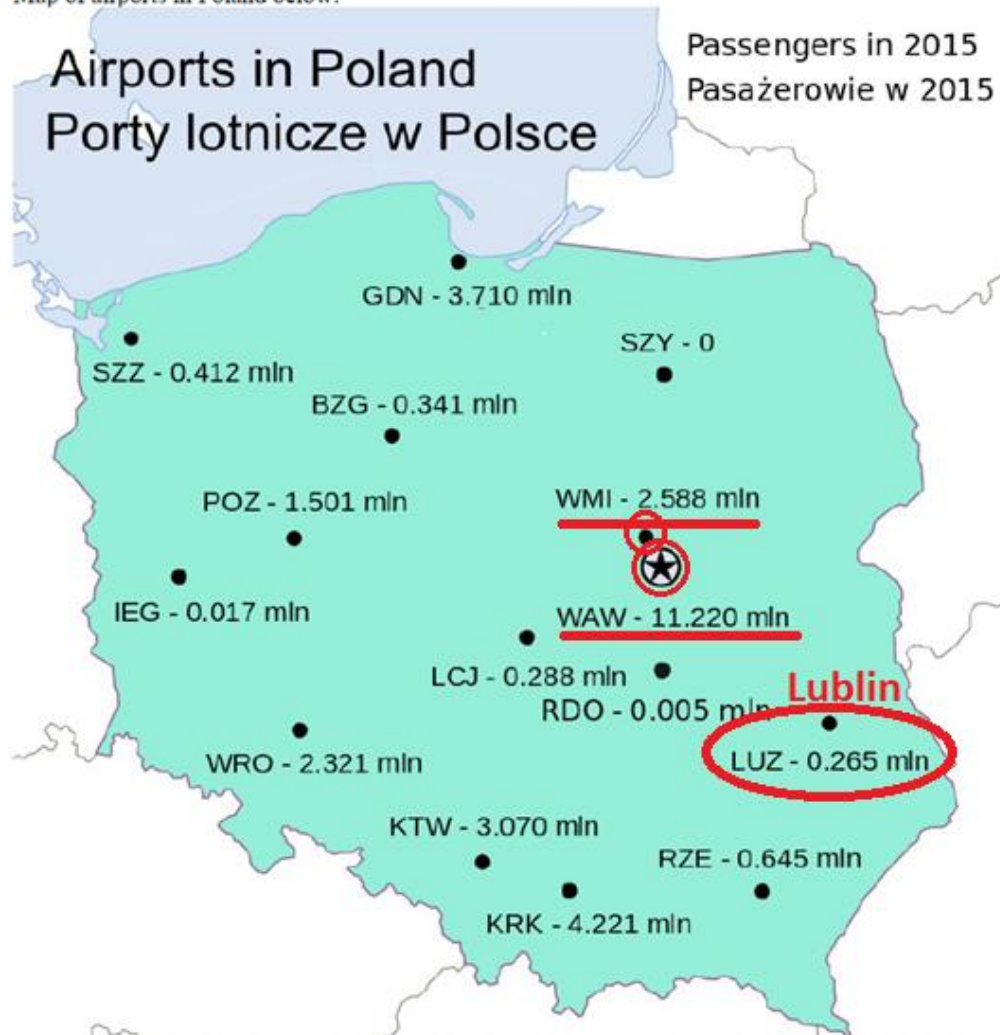
The venue

All steps of the project will take place in Lublin.

You can take a look more in [Wikipedia](#)



Map of airports in Poland below:



The best option for travel is airport Lublin. But there is no many connections, so another option is two airports in Warsaw: WAW and WMI. You could try to use RZE airport if it's suit.

The is plane connection London-Lublin, so we suggest use this direct line for UK team.

For Czech team we suggest to use bus or own car.

After a partner organization organization sends plane ticket to Poland, we will arrange your travel in Poland to the venue.

Tickets and reimbursement

Please, **before buying tickets send the data about your travel to prygne4any0@gmail.com** for confirmation. It's very important for polish NA to keep all tickets and have travel from partner countries to Lublin.

Reimbursement of travel expenses:

- for all foreign participants, except from Portugal, is **270 euros per person (minus costs for local transportation)**.
- For Portuguese participants is **360 euros per person (minus costs for local transportation)**.

If You want there is no problem to arrive 2 days before or stay in Poland 2 days after the project activities (extra days should be covered by your own).

Please keep all your travel documents, without them we will not reimburse your travel costs.

We will reimburse the costs by bank transfer after the activity.

Insurance is not covered by our organization. It's your own responsibility.

THE EUROPEAN HEALTH INSURANCE CARD

Though not compulsory, we recommend all participants to issue by themselves a European Health Insurance Card. What is the European Health Insurance Card? A free card that gives you access to medically necessary, state-provided healthcare during a temporary stay in any of the 28 EU countries, Iceland, Lichtenstein, Norway and Switzerland, under the same conditions and at the same cost (free in some countries) as people insured in that country.

Cards are issued by your national health insurance provider:

<http://ec.europa.eu/social/main.jsp?catId=563&langId=en#nationalinfo>

Contact details

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