

European Solidarity Corps Opportunities Appear



Info Pack

Nicosia, 2022



Dear Volunteers and future friends, here you can find practical information about the volunteering project "**Opportunities Appear**".
<https://sealcyprus.org/our-projects/opportunities-appear/>

Duration of the volunteering placement: 6 months (180 days) for volunteering and 2 days for travelling.

Start date: Preferably in early May 2022. We will discuss the exact starting date with you.

Place: Nicosia, Cyprus

Number of volunteers: 1

Age limit: 18-30

COVID-19: We will only accept vaccinated participants who hold a valid [EU Digital COVID Certificate](#).

Programme: the project is funded by the European Solidarity Corps or ESC. More info about ESC:
https://europa.eu/youth/solidarity_en

About SEAL CYPRUS

SEAL CYPRUS is a non-profit organisation located in Nicosia. SEAL CYPRUS stands for Cyprus Organization for Sustainable Education & Active Learning.

We support competence development of individuals by offering customised education, training and career resource solutions. We assist the capacity building of organisations by offering training in leadership, project management and dissemination strategies.

SEAL CYPRUS achieves excellence by:

- developing and delivering state-of-the-art training and coaching;
- building strategic partnerships to address the learning needs of individuals and organisations;
- implementing international projects granted by European Programmes;
- attracting, developing and retaining dedicated and skilled trainers & adult educators.

We motivate and empower youth and adult learners to acquire the knowledge, skills, attitudes, and values necessary to shape a sustainable future with participatory teaching and learning methods.

Starting from the needs of the learners, we provide blended learning solutions based on accurate scientific ground. We use a wide range of innovative interactive educational methods to provide open and distance learning, non-formal education, e-learning and on the job training.

We are working with individuals, non-profit organisations, and public sector entities.

FIELDS OF EXPERTISE

- Training for Competence Development;
- Educational curricula;
- Research & Innovation;
- Direct contact with our target groups;
- Dissemination and Visibility;
- Standardised Project Management & Digital Collaboration.

Get to know more about us: <https://sealcyprus.org/>

Let's connect on social media!

Facebook: www.facebook.com/sealngocy

Instagram: <https://www.instagram.com/sealcyprus/>

LinkedIn: www.linkedin.com/company/seal-cyprus

Twitter: <https://twitter.com/SealCyprus>



SEAL CYPRUS

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About OPPORTUNITIES APPEAR

Opportunities Appear is a European Solidarity Corps volunteering project with a strong educational aspect that focuses on an important objective of the European Union: fostering solidarity and tolerance among young people and promoting social cohesion in the European Union.

Goals of the volunteering project

- To provide participants with accessible opportunities in solidarity activities having a positive effect on social change;
- to improve the personal, educational, social skills, cultural and professional development of project's participants and young people of Cyprus;
- to enhance the employability of the volunteers and their transition into the labour market;
- to spread the spirit and values of volunteering;
- to cultivate European consciousness in young citizens;
- promote social inclusion, equal opportunities and solidarity by combating discrimination on the grounds of race, sex, ethnicity, culture and religion, as all our activities will also include young people with fewer opportunities who live in the area;
- to raise awareness of the European Solidarity Corps and its positive impact.

We expect our volunteers to bring their ideas and personal skills to accompany the SEAL CYPRUS team in the field of planning, production, preparation and dissemination of communication and awareness-raising tools.

On a long-term basis, this project's planned activities will help foster understanding between different cultures by gathering young people from different backgrounds.

The project will strengthen the positive example of youngsters having an active role in building a more conscious society through international projects for local development, and it will ultimately encourage a deeper understanding of the fundamental role each one of us plays in developing solidarity projects for the common good, organised by and addressed to civil society.

Volunteer's role and activities

During the volunteering project, you will work together with SEAL CYPRUS staff to support intercultural learning and European activities within the organisation.

You will support the European Projects Manager in certain service-oriented tasks as:

- communication;
- event and training organising;
- helping in partners search;
- facilitating voluntary work;
- promoting the Erasmus+ Programme;
- promoting the EU values, key priorities and opportunities;
- promoting your volunteering experience on social media;
- creating posts and publications on graphic design platform Canva;
- making animated videos on Powtoon software.

You will also support everyday office work and undertake a small part of the international communications.

The volunteers will have the opportunity to be involved in the youth work of SEAL CYPRUS in Cyprus, which mainly includes educational and voluntary activities and get to know the everyday problems and difficulties of youth work and try to find solutions to these problems.

What's in it for you?

As an ESC volunteer, you will improve your communication skills, social skills, self-confidence, better knowledge of the field of youth and enhance your creative skills. You will learn to manage your time, work in a team, efficiently share information and knowledge.

Volunteering in the Opportunities Appear project will encourage you to grow both personally and professionally. During the project, you also will:

- gain knowledge about youth work practices, education and training, skills development fields;
- gain a good working knowledge of the ERASMUS+ Programme;
- learn methods of non-formal learning and to be able to use them in the future;
- enhance their soft skills such as communication, teamwork and collaboration, problem-solving and critical thinking skills, tolerance, adaptability;
- get basic knowledge of the Greek language and improve your English;
- learn to use Powtoon and Canva platforms.

Apart from that, you will also get an opportunity to experience life on a Mediterranean island. You will meet lots of new interesting people, make new friends and explore Cyprus!

YOUTHPASS

This project will provide you with a YOUTHPASS certificate. The YOUTHPASS will give you the opportunity to become aware of the things you have learned and of the ways you learn by self-reflection on your personal and professional learning.

More info about YOUTHPASS: <https://www.youthpass.eu/en/>

PRACTICAL ARRANGEMENTS

It is your responsibility to check and prepare needed COVID-19 travel documents. PLEASE NOTE that we will only accept the participants, who have been fully vaccinated against COVID-19!

For travelling to Cyprus, please check [Cyprus Flight Pass](#) for the information regarding COVID-19!

Venue

The ESC volunteering project's activities will take place at SEAL CYPRUS office in Nicosia: [Platy Shopping Center, Thessalonikis 5-Tower B, Office B11, Aglantzia 2122, Cyprus.](#)

Accommodation

SEAL CYPRUS will provide you with a monthly allowance (TBC) for renting your chosen accommodation.

Some places you can search for accommodation:

- <https://www.bazaraki.com/>;
- <https://www.facebook.com/marketplace/>;
- <https://www.facebook.com/NicosiaRentFlat>;
- and other Facebook groups.

We are here to help you with finding the right place to stay 😊

We would suggest searching for a place near SEAL CYPRUS office or in the city centre.

You should know that even if the public transport in Nicosia is becoming more and more comfortable, it might be that the bus schedule is not very convenient for you.

Please, make sure the flat you choose is not in the occupied northern part of Cyprus.

Insurance

Insurance will be provided to you by the ESC Programme and you will get a session explaining how to use it.

Additionally, please make sure you get a [European Health Insurance Card](#) and bring it with you.

TRAVEL TICKETS

Reimbursement

To help us reimburse you (pay you back) for your travel expenses, you are kindly requested to bring with you:

- original tickets (bus, train, flight) and receipts/ invoices where the price is noted;
- original boarding passes. You will need to give us the boarding passes either in hard copy or in printed .pdf.

The payment will be made via bank transfer once we have the originals of all the transportation documentation. It will be done in EURO, regardless of the currency on the receipt.

Only public transport and taxi (for late-night transfers) will be reimbursed.

Please make sure you are on time at the airport and have all the needed travel documents. It would not be possible for us to reimburse flights lost due to the traveller's responsibility.

Travel Budget

The travel budget allowance depends on the distance between Cyprus the country you are coming from. We will inform you about the final amount once we know where you are coming from.

Airport

You are strongly advised to arrive at LARNACA airport (LCA).

Before buying the tickets, please send us the itinerary proposal at info@sealcyprus.org.

After you receive confirmation from our side, you will be able to buy the tickets. We are not responsible for the tickets bought without our approval, and they might be not reimbursed.

Larnaca airport is about 50 km from Nicosia.

From Larnaca airport, the most convenient way to go to Nicosia is with [Kapnos Airport Shuttle](#).

Kapnos Airport Shuttle will drop you in Kyrenias ave. Nicosia <https://goo.gl/maps/fNWQqTKd8EGJhqZg9>.

From there you might need to take a city bus. You can buy a ticket from the driver for 1.5 euros.

Routes and timetables of Nicosia busses:

<https://www.publictransport.com.cy/routes/page/routes-and-timetables>.

If you arrive at Paphos airport, which is located about 140 km away from Nicosia, the same applies: you will need to take a Kapnos Airport Shuttle and then a Nicosia city bus.

Please, make sure you do NOT arrive at Ercan airport as it is located in the occupied part of Cyprus.

Transportation

SEAL CYPRUS will provide the volunteers with a monthly Transportation Card, so you have unlimited access to local busses.

Financial Support

Every month you will get:

- pocket money, which will be 5 euros per day (~150 euros per month);
- food money - 100 euros per month.

Weather

Since Cyprus is a Mediterranean island, summers are very hot (35-40 C), and winters are mild and rainier. Even though winters are mild here, we would suggest you bring some warmer clothes also. Check the weather here:

<https://www.accuweather.com/en/cy/nicosia/124697/weather-forecast/124697>

Currency

The currency in Cyprus is Euro. Please, bring euros for your personal expenses as cards might be not accepted in some places.

Electricity plugs

Electricity in Cyprus is the same as in the UK – 240 volts, with a 3-pin electrical plug socket. We will provide you with electrical adaptors at the office. If you happen to own an adaptor, bring it with you.



Water

The water from the tap is not drinkable. We will have drinkable water in the office. There is a possibility your accommodation place has drinkable running water. Otherwise, you are going to need to buy water to drink.

APPLICATION PROCEDURE

To Apply:

Please, send us your CV and a motivation letter expressing:

- Why do you want to volunteer with SEAL CYPRUS?
- Which area do you think you could contribute to the most?
- When can you start? Please, propose a date.

Please, send it to Ms Simona Petkeviciute at info@sealcyprus.org with the subject "ESC Opportunities Appear".

Deadline: this Call for Volunteers will remain open until we find the most matching candidates.

We would like to remind you that we are going to accept participants from 18 to 30 years old who are vaccinated and hold a valid [EU Digital COVID Certificate](#).

Managing Expectations: We expect this project to be equally beneficial to SEAL CYPRUS and to you as a Volunteer. We will do our best to help you reach your learning objectives and have a good time in Cyprus too. In order to get to know each other's expectations better, we are going to arrange a ZOOM call with you.

CONTACTS

Contact us if you have any questions:

email: Simona Petkeviciute at info@sealcyprus.org

phone: +357 22 270554

Facebook: <https://www.facebook.com/sealngocy/>



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SEE YOU SOON!

SEAL CYPRUS